CURRICULUM VITAE

Name: Dr. Fariza Saidin

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CAREER OBJECTIVE:

To become a successful professional and to work in an innovative environment that encourages growth and skill development.

WORK & PRACTICAL EXPERIENCE:

- Currently working as Assistant Professor at The Assam Royal Global University.
- Worked as Assistant Professor at University Of Science And Technology, Meghalaya since 24th April, 2013 till 15th March 2023.
- One year experience at DPS Guwahati (Student Counseling).
- Internship in LGB Regional Institute of Mental Health, Tezpur, Assam.
- Motivational counseling under Dr. Joseph Parakka (Child Neurodevelopment Physician)
- Internship in Child Psychology, under Psychosiksha (for 1 month)

ACADEMIC QUALIFICATION:

- Three months certified course on Counseling under Psychosiksha, 2020.
- Awarded Ph.D in 2020 from the Department of Psychology, Gauhati University.
- M.A Psychology, Gauhati University, in 2011.
- TDC (GU) in 2009.
- SSC (A.H.S.E.C Board) in 2006.
- HSLC (S.E.B.A Board) in 2004.

SEMINAR AND WORKSHOPS:

- Presented a paper on 'Psycho-social adjustment of Muslim minority women with special reference to Islampur area, Guwahati' organized by USTM.
- Presented a paper on 'Changing Scenario in Academic Performance and Audit'organized by USTM.
- Presented a paper on 'Female immigration and vulnerability to develop psychological disorder and their mental health'— organized by Dispur College.
- Presented a paper on 'Is semester system of examination better than annual system of examination?' organized by R .G. Baruah College.
- Presented a paper on 'Psychological problems of cancer patient'- organized by Gauhati University.

- Presented a paper on 'Towards a digital pedagogy-a transition'- organized by USTM.
- Presented a paper on 'E-learning: a strategic tool for intellectually disabled students'-organized by USTM.
- Presented a paper on 'A Comparison of Motor Speed between Digital and Non –Digital Children- organized by IITG.
- Attended a workshop on "Stress Management Among Students/ Youth"
- Participated in a one day seminar on Women and Mental Health.
- Attended an orientation programme organized by MIND INDIA on "Neuro Linguistic Programming"
- Attended 2 days workshop on Qualitative Research Method at Gauhati University.
- Attended 3days National workshop on Cognitive and Neuropsychological Assessment at Gauhati University.
- Attended National workshop on Research Methodology at Guwahati College, organized by IQAC.
- Paper presented and participated in international conference On "the Impact on COVID-19 on Society" by ICIDR, Centre for Research (29th January 2022)
- Paper presented and participated in international conference On Mental Health and Covid -19;
 Challenges and future Prospects, title of the paper: Self Compassion & Emotional Regulation among working Professionals in Covid period organized by Department of Psychology, AMU, Aligarh (25th-26th November 2022)
- Attended International Workshop on Research Method and Methodology Organized by: Eudoxia Research Centre and Eudoxia Research University - USA from: 26th May (Friday) to 3rd June (Saturday), 2023
- Evaluation of Learning Disability Performance in children with Cognitive Neuropsychological Assessment study" at the 13th InSPA International Conferences, in 2023. (Awarded best paper)

PUBLICATION:

 Assessing Mental Health among children in contact with sexual violence residing in observation homes and child care institute- A comparative study among the children in conflict with law and children in need of care and protection. Health and wellbeing among children and youth in India.ISBN-978-93-86256-62-1, March 2017

- 2. A study of motivational cultural quotient in relation to poor peer relations and role overload among university teachers, Edification, ISBN N0-978-81-202-8827-0, May,2017
- Sustained Attention As A Pertinent Neuro-Cognitive Skill Among Digital And Non-Digital Children (2018). International Journal of Humanities and Social Science Invention (IJHSSI) ISSN (Online): 2319 – 7722, ISSN (Print): 2319 – 7714 www.ijhssi.org |Volume 7 Issue 1|January. 2018 | PP.21-25
- A comparison of visuo conceptual ability among digital and non –digital children (2019), International journal of basic and applied research www.pragatipublication.com ISSN 2249-3352
 (P) 2278-0505 (E) Cosmos Impact Factor-5.86,
- An assessment of social interaction anxiety among the undergraduate and post graduate students facilitated online readiness learning due to the pandemic (2020). Edited Book: Migration and COVID -19: Gender Perspective. ISBN:9879353246181
- Status of Teaching-Learning services in integrated schools: a case study at Tura, Meghalaya before and during the pandemic (June 2021). Edited Book: educational developments. volume-1, ISBN:978-81-928286-6-4
- 7. Meta-cognitive awareness among university teachers (July 2022). Juni Khyat, ISSN: 2278-4632, Vol:2, issue :7, pg-24-32
- 8. A reflection on Mental Health challenges among LGBTQIA+: a review study (March 2023), Education and Society, VOL.47, NO 1(ii)
- 9. Covid -19 and vaccination: breaking the stigma through community engagement and counselling (June 2023). Phalanx: a Quarterly Review for counting debate, vol: 18, no-2, ISSN :2320-7698
- 10. Gendered Digital Divide among Secondary Students: The After effects of COVID 19 Pandemic on Offline Education in Greater Guwahati Area. Indian Journal of Educational Technology Volume 5, Issue 2, July 2023

OTHER QUALIFICATION:

- Training in PSYCHO-ONCOLOGY from Dr B. Borooah Cancer Institute (Guwahati).
- Trained in Counseling under Psychosiksha (three month certified course)
- Lifetime member of Psychologist Association of North East India and Indian School Psychology Association, InSPA
- Attended certified course for Faculty Development Programme on E- content Development organized by TLC, Tezpur University in association with University of Science and Technology, Meghalaya. 04-08 April 2022
- Attended certified course for Faculty Development Programme on LMS Module from

3^{rd} to 10^{th} September 2022 at USTM

PERSONAL INFORMATION:

Age: 34

Sex: Female

DOB: 19/12/1988 Marital status: Married Category: General Nationality: Indian

Languages known: English, Hindi & Assamese

Hobbies: Listening music, traveling, reading, learning new things.

DECLARATION:

I do here by declare that, the information provided above is true to the best of my knowledge and belief.

Place: Guwahati Dr. Fariza Saidin